

## PROVEN BENEFITS OF NATURE PLAY FOR CHILDREN

Research has proven the many benefits for children when they have contact with nature including creativity, problem-solving, focus and self-discipline. Social benefits include cooperation, flexibility, and self-awareness. Emotional benefits include stress reduction, reduced aggression and increased happiness. Children will be smarter, better able to get along with others, healthier and happier when they have regular opportunities for free and unstructured play in the out-of-doors.

### Nature Play:

- Is important to children's development in every major way intellectually, emotionally, socially, spiritually, and physically.
- Reduces the impact of the modern stresses on children and helps them deal with adversity.
- Is more diverse with imagination and creativity that fosters language and collaborative skills.
- Improves children's cognitive development by improving their awareness, reasoning and observational skills.
- Improves concentration of ADHD children.
- Advances motor fitness, including coordination, balance and agility.
- Reduces or eliminates bullying.
- Helps develop powers of observation and creativity and instils a sense of peace.
- Helps children score higher on tests of concentration and self-discipline. The greener, the better the scores.
- Has been positively linked with the development of imagination and the sense of wonder. Wonder is an important motivator for lifelong learning.
- Generates more positive feelings about each other.
- Improves development of independence and autonomy.

*"There's no way that we can help children to learn to love and preserve this planet, if we don't give them direct experiences with the miracles and blessings of nature."* Anita Olds

We invite you to contact us to discuss ways that we can team-up together to create an ideal kids play area.



### EASY TO INSTALL

All our products at Timberplay can be flat packed and shipped Australia wide. We provide easy to follow installation instructions if you prefer to erect the playground equipment yourself. All the materials you require, except for the concrete, are supplied in our comprehensive installation kit. Or take all the hard work out and let our Installation team do the installation for you.

# PLAYTIME FOR KIDS IS NOW FUN AND SAFE

Timberplay



### TIMBERPLAY

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## DID YOU KNOW...

Direct experience in nature is critical for the full and complete development of children.

- Access to nature contributes to the health and well being of young people, and helps to form a foundation for the development of responsible environmental behaviour.
- There is ample evidence attributing improved health with physical activity.
- Evidence suggests that nature specifically can improve attention and other psychological aspects of health. Playing in nature can positively impact children's health and well-being.
- We encourage educators, carers, community supervisors, shopping centres, political leaders and citizens throughout society to get children out into the natural environment to provide them with positive contact with nature - where children live, play, and learn.

## ABOUT TIMBERPLAY

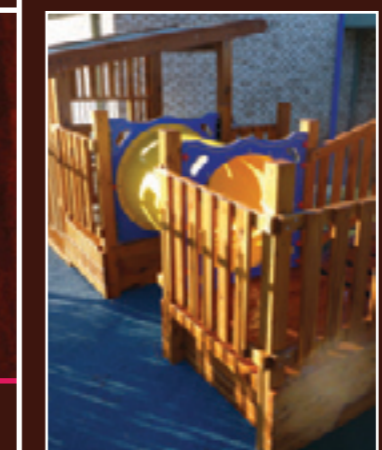
Timberplay prides itself on making premium quality, safe and fun play equipment that meets and exceeds Australian standards. When you partner with Timberplay for the design and construction of a commercial play area, you are assured of a high quality, well-constructed, durable and safe product for children.

Kids should enjoy being kids and those responsible for their play equipment need to feel confident that the equipment they supply is 100% safe. That's why a Timberplay, all natural play structure is a valuable and great addition to any outdoor space.

With a Timberplay playspace you are assured of maximum connection with both the natural landscape and sociocultural context, flexibility in catering for diverse play needs plus safe opportunities for children to experience risk and challenge.

With the future of children in mind, Timberplay is committed to sustainable environmental practices in all materials used.

Timberplay is a strong advocate of and a generous contributor to Children's charities and community programs.



## CUSTOMER TESTIMONIAL

Strawberry Fields would like to thank Timberplay for their wonderful service in custom designing our fabulous Tractor Playground. Timberplay were fantastic to work with and they had no problems in taking on board all our ideas of a tractor playground and making them reality. Calvin and his team were so easy to work with from designing to construction to installation, as well as meeting a tight deadline.

Our commercial playground has withstood some harsh conditions, being exposed to the weather elements at all times and not to mention the heavy traffic endured by all the little (and Big) customers seven days a week. The playground has been made with extremely high quality workmanship and materials and being in public use on a daily basis, the safety aspect was thoughtfully taken into consideration.

We have had nothing but great accolades from our customers and having the playground has undoubtedly increased our return visits from our customers.

Thank you Calvin and your team at Timberplay!!  
Jon and Bernadine Carmichael, Strawberry Fields

## PLAYGROUND DESIGN

As one of the leading suppliers of timber playground equipment in Australia, Timberplay specialises in working with your landscaping team to design children's naturalized playgrounds or play gardens. They emphasise rich natural environments as the play setting and nature as the play element. Timberplay has extensive experience in partnering with Landscape Design Organisations or we can manage the whole design profile including landscaping, soft fall, sail shades etc, so that your play area is completed by one company.

As planning and development professionals Timberplay performs a key role in ensuring that young people have access to nature in their everyday lives by providing children's natural play preferences and the most effective designs to support their development which are fully compliant with Australian Standards.

Cypress pine and Western Red cedar timber are used in all designs. They are chemical free and naturally resistant to rot and termite attack. This means children won't be exposed

to any nasty chemicals and the timber won't be subject to unwanted pest attack.

Timberplay has a wide variety of standard designs to choose from, or alternatively, a custom design can be created after discussing your specific requirements and budget. That way, you get exactly what you want. A complete package can also be organised that can include soft fall material such as bark or sand and even shade sails to keep the kids protected from the sun.